

Moroccan Marinade

1 bunch cilantro
4 sprigs fresh mint
2 tablespoons olive oil
1 garlic clove
1 teaspoon brown sugar
1 teaspoon salt
Zest from 1 lime
½ teaspoon cumin
½ teaspoon crushed red pepper
1 lb chicken tenders, flank steak or pork tenderloin

Pulse all of the ingredients in a food processor until the cilantro is completely minced and all ingredients are well combined. Place the meat and marinade in a gallon sized Ziploc bag. Massage the bag, mixing it around until the meat is completely covered with the marinade. Chill for at least 2 hours or overnight.

Grill and serve on your favorite salad.

Chipotle Salad

DRESSING

$\frac{2}{3}$ cup Sour Cream

1 tablespoon chipotle chili, canned in adobo sauce, minced

1 teaspoon cumin

$\frac{1}{4}$ teaspoon salt

Juice from 1 lime (plus more to taste)

Chipotle Tapatio hot sauce to taste

- To make. Place all ingredients in a medium sized bowl and blend until combined. Add more lime juice, hot sauce or salt to taste.

SALAD

1 head of romaine lettuce

$\frac{1}{2}$ of a small red cabbage, shredded

$\frac{1}{2}$ of a bunch of cilantro, chopped

1 pint cherry tomatoes, halved

1 avocado, peeled and sliced

4-5 radishes, thinly sliced

$\frac{1}{2}$ of an english cucumber, sliced

$\frac{1}{4}$ of a small red onion thinly sliced

1 (15-ounce) can black beans, rinsed and drained

ADD ONS

- fire roasted corn
- tortilla chips
- cotija cheese

Serve with marinated and grilled Moroccan Chicken, Steak or Pork Tenderloin!

Thai Peanut Sauce Salad

DRESSING

- 1/4 cup peanut butter
- 1 tablespoon sriracha, or hot sauce
- 2 limes, juiced (about 1/4 cup of juice)
- 1 teaspoon soy sauce
- 1 teaspoon fish sauce (optional)
- 1 tablespoon of Water to thin it out, if needed

SALAD

- 1 head romaine lettuce
- 1/2 of a small red cabbage, shredded
- 1/2 bunch of cilantro
- 2 large carrots, shredded or grated
- 1/3 bunch scallions, chopped
- 1 (15-ounce) can of garbanzo beans, drained

ADD ONS

- peanuts, chopped

Serve with marinated and grilled Moroccan Chicken, Beef or Pork Tenderloin.